



ALPHA SPORTS

Festival 2025



**INVITATION &
RULE BOOK**

#ChangeTheGame



Dear Sir/Madam,

We would like to invite your esteemed school/college to the **8th Alpha Sports Festival** (ASF 2024), one of the biggest athletic events in the nation.

The Alpha sports Festival (ASF 2025) will be held at Alpha College, Alpha High, Alpha Prime & Alpha Core campuses/ KDA ground, Kachi Memon ground, Kokan Ground, ALPHA SPORTS FESTIVAL 2025 - 20th October to 28th October (Junior). (Under 13 and 15 Separately)
ALPHA SPORTS FESTIVAL 2025 - 29th October to 6th November (Senior). (O and A Level Separately)

The Festival's Slogan is **Collaborate, Create, succeed Encourages Students to Aim High and pursue their goals, regardless of any obstacles or doubts.** We believe that Sports develops a sense of friendliness and team spirit among the participants which helps them to enhance their overall personality.

It would be our pleasure to have you on board with us. The diversified group of participants will help to build a healthy relationship among the students and their institutions in Pakistan.

O AND A LEVELS (SEPARATELY)

- | | |
|---|--|
| 1. Basketball (Boys and Girls) | 10. Dodgeball (Boys and Girls) |
| 2. Throwball (Girls) | 11. Teqball (Boys and Girls) |
| 3. Chess (Boys and Girls) | 12. Volleyball (Boys) |
| 4. Futsal (Boys and Girls) | 13. Rowing (Boys and Girls) |
| 5. Tug of War (Boys and Girls) | 14. Scrabble (Boys and Girls) |
| 6. Table Tennis (Boys and Girls) | 15. Cricket Super sixes (Girls) |
| 7. Netball (Girls) | 16. Taekwondo (Boys and Girls) |
| 8. Badminton (Boys and Girls) | 17. Archery (Boys / Girls) |
| 9. Cricket T 10 (Boys) | 18. Padel (Boys and Girls). |

UNDER 13 AND 15 (SEPARATELY)

- | | |
|----------------------------------|---------------------------------|
| 1. Basketball (Boys and Girls) | 7. Badminton (Boys and Girls) |
| 2. Throwball (Girls) | 8. Cricket Super sixes (Boys) |
| 3. Chess (Boys and Girls) | 9. Rowing (Boys and Girls) |
| 4. Futsal (Boys and Girls) | 10. Scrabble (Boys and Girls) |
| 5. Tug of War (Boys and Girls) | 11. Taekwondo (Boys and Girls). |
| 6. Table Tennis (Boys and Girls) | 12. Padel (Boys and Girls). |

Note: Only the students currently studying in “O” and “A” Level or equivalent are eligible to participate in the upcoming tournament, this must be certified by the school / college Principal. We would request you to provide the names of the students, confirming the authenticity of their date of birth, along with a recent passport size photograph of each participant. Tournament rules and Entry Forms are attached here.

PARTICIPATION FEE:

All 18 Events	Rs. 70,000/-	ALevel Separately (Individual)	Rs. 7,500/-
All 18 Events	Rs. 40,000/-	OLevel Separately (Individual)	Rs. 7,500/-
All 12 Events	Rs. 30,000/-	Under 13 and 15 Separately	Rs. 7,500/-

CRICKET INDIVIDUAL 10,000/-

PADEL INDIVIDUAL 8000/-

To finalize all the teams and event arrangements we require you to confirm your participation latest by **20th September 2025** on the enclosed Performa along with either a cross Cheque or Pay order (non-refundable tournament fee) per team, in the name of **"Alpha Alliance Pvt Ltd"**.

Account Title: Alpha Alliance (Pvt) Ltd

Account No: 0001-5901-0284-4215

Bank Name: Meezan Bank

Branch: Al-Tijarah Branch, IBAN (PK61 MEZN 0001 5901 0284 4215)

Thank you.

Sincerely,

Ms. Saima Raza
(Dean - Alpha College)

RULES AND REGULATION

To help ensure the smooth conduct of the 7th Alpha Sports Festival 2024, participants are to abide by the rules and regulations listed below:

1. Identification cards will be presented to the participants. ID cards must be worn by the participants at all times at the venues.
2. Teams must submit a list of players along with the student identity cards before every match. These may be collected back after the match from the officials.
3. Teams must remember that a neutral panel of referees is conducting the tournament and its judgment must be respected at all times.
4. Players must wear team sports kits numbered for each player. Without a sports kit, the player will not be allowed to participate in the match.
5. Presence of a coordinator/coach is a prerequisite for all teams to qualify for the match.
6. The decision of the organizing committee in all matters concerning the tournament shall be final. The organizing committee for the tournament reserves the right to take any decision or action at its discretion and this may not be challenged in any way whatsoever.
7. Teams should arrive at the venue at least 30 minutes before the scheduled time of each match.
8. A walkover will be awarded if a team fails to appear within 30 minutes of the scheduled time.
9. Misbehavior on the part of any team/coach/player will lead to immediate disqualification.
10. Points shall be awarded based on the following system:

A - Win/Walkover:	04
B - Draw:	02
C - Loss:	00

11. The winning and runner up teams will be awarded trophies. Certificates of participation will be awarded to all members of the participating teams.
12. The sanctity of the events will be maintained by autonomous, professional, experts who will prepare the tasks. All Judges will be experts in their respective fields and will be independent.

13. Participants are advised to ensure the safety of their possessions while at the venue. The organizers will not entertain any complaints concerning the loss or theft of personal items.
14. Though recommended, it is not mandatory for a team to participate in all events.
15. Once registered for an event, the team is obliged to participate in that event.
16. The Team Captain/Official is responsible for maintaining discipline and healthy atmosphere during the matches.
17. Any School, which includes an unqualified player, is liable to be disqualified from participation in the tournament on a protest lodged by a school through the Referee to the organizing committee along with a non-refundable protest fee of Rs. 15,000/-. No protest shall be entertained without the protest fee.
18. Students can come to cheer up their teams along with staff members.

EVENT COORDINATORS

Mr. Majid Rasool (+92-321 -2448944) Senior Sports Manager AEN.
Ms. Najma Ghayas (+92-3122556250) Senior Sports Manager AEN.
Mr. Waseem Ur Rehman (+ 92-3355583786) Sports Manager AEN.
Mr. Syed Khizer (+92-313- 2401578) Sports Coordinator Alpha High School.
Mr. Ammar Hassan (+92-334- 3886269) Cricket Coach Alpha College.
Mr. Abdul Rehman (+92-334- 3524675) Sports Teacher Alpha Core School.
Ms. Aina Aamir (+92 310 2111987) Sports Coordinator Alpha Girls School Junior.
Mr. Haq Nawaz (+92-323 - 2474586) Table Tennis Coach Alpha College.
Mr. Waqas Ali (+92 300 0812685) Sports Teacher Alpha Core School Clifton.
Mr..Muhammad Amjad (+92-305 -8397311) Sports Teacher Alpha High School.
Mr. Abdul Majeed (+92 -330 -2319954) Sports office Assistant

ALPHA COLLEGE SPORTS FESTIVAL 2025

Sport Based Event Guidelines:

1- TABLE TENNIS (BOYS /GIRLS)

EVENT GUIDELINES

- 1- The format of this game will be based upon team events. Pool format - Davis cup.
- 2- Participants per team are to be 3 players.

2- FUTSAL (BOYS /GIRLS)

"In Futsal you need to think quick and play quick so it's easier for you when you move to normal football (outdoor soccer)." – Pele

EVENT GUIDELINES:

- 1 Teams will be divided into two, four pools.
- 2 Participants per team can be a maximum of 12 players.
- 3 All matches will be played under FIFA rules & regulations.
- 4 Matches will be of 5 – 6 Minutes of 4 Quarters.

3-CHESS (BOYS /GIRLS)

Enter the battle. Let the games begin and find out who will become the last king standing. A new champion will be crowned at this Festival.

EVENT GUIDELINES:

1. Format is a Knockout or Swiss League Event.
2. Participants per team could be a maximum of 5 players
3. Standard Chess rules apply.

4- TUG OF WAR (BOYS /GIRLS)

Creating success is a tug of war between your mind and your heart-your fears and your dreams. If your fears win, you lose. Robert G. Allen

EVENT GUIDELINES:

- 1.Format is a Knockout team event.
- 2.Participants per team can be a Maximum of 8 players
3. Weights of 8 players not more than 640, 660, 680, 720 Kg.

5- THROWBALL (GIRLS)

Start where you are. Use what you have. Do what you can.”

-Arthur Ashe

EVENT GUIDELINES:

- 1.The format of this game will be based upon Team events, Pool format. The teams will be divided into either two OR four OR Eight Pools.
- 2.Participants per team can be a maximum of 12 players

6- BASKETBALL (BOYS /GIRLS)

“The strength of the team is each individual member.

EVENT GUIDELINES:

- 1.The format of this game will be based upon Team events, Pool format. The teams will be divided either into two or four pools.
2. Participants per team can be a maximum of 12 players.

7- NETBALL (BOYS /GIRLS)

EVENT GUIDELINES:

1. Netball tournament will be played on league basis. The teams will be divided either into two or four pools or single league.
- 2- Participants per team can be a maximum of 12 players.

8- BADMINTON (BOYS /GIRLS)

EVENT GUIDELINES:

- 1.Format is a Knockout team event.
- 2.Participants per team can be a Maximum of 3 players.

9- DODGEBALL (BOYS /GIRLS)

"The strength of the team is each individual member.
The strength of each member is the team." - Phil Jackson

EVENT GUIDELINES:

- 1.DODGEBALL The format of this game will be based upon Team events, Pool format. The teams will be divided either into two or four pools.
- 2.Participants per team can be a maximum of 12 players.

10- CRICKET (BOYS)

CRICKET T 10 Hard Ball (BOYS) Under 17 / Under 19.

CRICKET Super Sixes Tape Ball (BOYS) Under 13 / Under 15.

EVENT GUIDELINES:

- 1.Cricket T 10 tournament Format is a Knockout
- 2.Participants per team can be a Maximum of 16 players.

RULES

- 1.All matches will be played under ICC rules & regulations.
- 2.Any technical dispute will be solved by the Match referee & Organizing Committee of the Event
- 3.During the match proper sports kit will be required for the players. Without Kit organizers/umpire will not allow to play any player.
- 4.Punctuality of the timings should be maintained by each team.
- 5.Please fill the entry form carefully and no player will be allowed to participate in the Championships without having his name in the entry form.
7. The organizing committee has the rights to accept or reject any matter.

Rules for tournament Super Sixes ASF 25- Under 13 / 15

1. All matches will be played under ICC rules & regulations.
2. Any technical dispute will be solved by the Match referee & Organizing Committee of the Event
3. During the match proper sports kit will be required for the players. Without Kit organizers/umpire will not allow to play any player.
4. Punctuality of the timings should be maintained by each team.
5. Please fill the entry form carefully and no player will be allowed to participate in the Championships without having his name in the entry form.
7. The organizing committee has the rights to accept or reject any matter.

11- TEQBALL (BOYS /GIRLS)

EVENT GUIDELINES:

1. Each team will consist of 4 + 2 players.
2. The team winning the greatest number of rounds will qualify for the next round.
3. Teams can bring their own Equipment's.

12- VOLLEYBALL (BOYS /GIRLS)

"The strength of the team is each individual member.

EVENT GUIDELINES:

Volleyball tournament, Format is a Knockout Participants per team can be a maximum of 12 players.

13- ROWING (BOYS /GIRLS)

RULES

INDOOR ROWING REGATTA (ASF)

Categories for Boys & Girls.

- 1- Under 13: 500m, 2x200m. (3 Boys, 3 Girls) 1 substitute allow
- 2- Under 15: 500m, 2x500m, 4x500m. (7 Boys, 7 Girls) 1 substitute allow
- 3- Under 17: 500m, 2000m, 4x500m, 5000m. (8 Boys, 8 Girls) 1 substitute allowed
- 4- Under 20: 500m, 2000m, 4x500m, 5000m (8 Boys, 8 Girls) 1 substitute allowed

Note: Maximum of 2 events allowed per participant.

14- SCRABBLE (BOYS /GIRLS)

RULES

- 1-Standard Scrabble Rules apply.
- 2-Per team could be a maximum of 5 players

15- GIRLS CRICKET (SUPER SIXES)

RULES

Rules for tournament Girls Super Sixes ASF 24-

- Each Squad will consist of 10 players.
- One over per bowler.
- Any 6 players (other than wicket keeper) can bowl from squad of 10 players
- Any 6 Players from the squad of 10 players can bat.
- Each game consists of 6 overs a side.
- Wide's and no-balls counted and two runs given.
- If Five wickets fall before 6 overs are completed, the last remaining batter bats on with the sixth batsman acting as a runner. she always takes strike. The inning is complete when the sixth wicket falls.
- Batter retires not out on reaching 25 runs. A retired batter can return to the crease after last batter either retire or are out.
 - Batter coming out of the retirement can bat till the overs are completed or is out.
- All players can wear Color kit/ School cricket trouser and t-shirt.
- In case of match end in a draw, there will be a super over. Super over rules. Each team selects three batsmen, giving them two wickets for their Super Over. The team who batted second in the match bats first in the Super Over, while the bowling team chooses the end to bowl from. If the Super Overs of both teams also end in a tie, the winner is determined by the number of boundaries scored throughout the match and Super Over.

16- TAEKWONDO (BOYS /GIRLS) Under 13 /15 / 17 / 19

Categories

Fin weight, Fly Weight, Bantam Weight, Feather Weight, Light Weight, Welter Weight, Light Middle Weight, Middle Weight, Light Heavy Weight, Heavy Weight.

17- Archery (BOYS /GIRLS) (Under 13, Under 15 Under 17 Under 19)

RULES & REGULATIONS

Participating Members must read this and clarify all the rules during the managers meeting.

CLASS & DIVISIONS Bare bow Division

Class Grade 5th – 6th Grades Distance 10 Meters Format 3 x 08 Ends (24 Arrows)

Class 7th - 8th Grades Distance 10 Meters Format 3 x 08 Ends (24 Arrows)

Class 9th - 10th & O-Levels Distance 15 Meters Format 3 x 08 Ends (24 Arrows)

Class 11th - 12th & A-Levels Distance 15 Meters Format 3 x 08 Ends (24 Arrows)

Recurve Division

Class/Grade Under-17 /19 Distance 20 Meters Format 6 x 06 Ends (36 Arrows)

18- Padel (BOYS /GIRLS)

RULES & REGULATIONS

Team: Two Players in a Team (Under 13, Under 15 Under 17 Under 19)

ALPHA COLLEGE SPORTS FESTIVAL 2025 SUBMISSION GUIDELINES

THE PARTICIPANTS MUST SUBMIT THE FOLLOWING DETAILS BY 20TH SEPTEMBER 2025:

- Name of the participants.
- Name and contact number of the team leader.

For Any Queries Contact:

Mr. Majid Rasool	(+92-321 2448944)	majid.rasool@alpha.edu.pk
Mrs. Najma Ghayas	(+92-334 3027619)	najma.ghayas@alpha.edu.pk
Mr. Waseem Ur Rehman	(+92-3355583786)	
Mr. Syed Khizer	(+92-313- 2401578)	
Mr. Haq Nawaz	(+92-323 – 2474586)	
Mr. Ammar Hassan	(+92-334- 3886269)	

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